

Health Screening Packages

Basic Health Screening

RM 298

Men's Wellness

RM 569

Men's Wellness
(above 40 years old)

RM 699

Premium Men's Wellness

RM 1480

Women's Wellness

RM 669

Women's Wellness
(above 40 years old)

RM 799

Premium Women's Wellness

RM 1880



SCREENING DETAILS	Basic Screening	Men's Wellness	Men's Wellness (above 40 years old)	Premium Men's Wellness
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Physical Examination

• Body Mass Index (BMI)	•	•	•	•
• Height & Weight	•	•	•	•
• Blood Pressure	•	•	•	•
• Vision Test	•	•	•	•
• Body Composition Analysis (with Dietition Consultation)				•

Cardiology Assessment

• Electrocardiogram (ECG)	•	•	•	•
• Stress Test (Treadmill)			•	•
• Heart Ultrasound (ECHO)				•

Blood Investigation

• Full Blood Examination	•	•	•	•
• Blood Grouping (ABO & Rh)	•	•	•	•
• Erythrocyte Sedimentation Rate (ESR)	•	•	•	•
• Fasting Blood Sugar	•	•	•	•
• HbA1C				•
• Uric Acid	•	•	•	•
• Hepatitis B Screening (Antigen & Antibody)	•	•	•	•
• Hepatitis A (Total Antibody)	•	•	•	•
• Lipid Profile	•	•	•	•
• Liver Function Profile	•	•	•	•
• Renal Function Profile	•	•	•	•
• Rheumatoid Arthritis (R.A) Factor	•	•	•	•
• Thyroid Function Test (Free T3, Free T4, TSH)	•	•	•	•
• Urine Test	•	•	•	•
• Cardiac Markers (High Sensitivity C-Reactive Protein-Hs CRP)				•
• VDRL (Syphilis)	•	•	•	•
• TPHA (If VDRL is reactive)	•	•	•	•
• Helicobacter Pylori IgG		•	•	•

Tumour Markers

• CEA (General Cancer)	•	•	•	•
• AFP (Liver Cancer)	•	•	•	•
• CA 19.9 (Pancreatic Cancer)	•	•	•	•
• CA 15.3 (Breast Cancer)				
• CA 125 (Ovarian Cancer)				
• PSA (Prostate Cancer)		•	•	•

Respiratory Assessment

• Lung function test		•	•	•
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Imaging Test

• Chest X-Ray	•	•	•	•
• Ultrasound of Abdomen		•	•	•
• Ultrasound of Pelvis		•	•	•
• Ultrasound of Breasts				
• Mammogram				

Liquid Based Cytology (Thin Prep)

Consultation by	Medical Officer	Medical Officer	Medical Officer	Consultant Cardiologist
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TO make an appointment



Download M360 and make appointment via the App.



016 398 2828



03 4289 2828

Preparation for Health Screening

- Fast for a minimum of eight (8) hours prior to the screening to ensure accuracy of results.
- Kindly inform our staff upon registration if you are currently undergoing any medical treatments or if you have any medical conditions that entail specialist requirements.
- Please do not wear contact lenses on the day of screening.
- Light refreshments will be provided for health screening packages only.
- The screening itself may take anytime between three (3) to five (5) hours depending on your chosen package.
- For ladies, it is best to have your health screening done one (1) week or ten (10) days before or after your menstrual cycle in order to obtain more accurate results. This is important when doing a Pap Smear, Ultrasound of the Abdomen & Pelvis as well as Mammogram.
- Please wear comfortable clothes and walking shoes for Stress Test.
- Kindly register at our Health Screening Centre before 9.30am.
- Please bring your IC / Passport & employee ID card for verification.
- Payment can be made at our Health Screening Centre registration counter before the procedure. We accept cash, credit card, debit card and online payment.



03 4289 2990



Pantai Hospital Ampang



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pantai.com.my/ampang



Pantai Hospital Ampang, Jalan Perubatan 1,
Pandan Indah 55100 Kuala Lumpur.